

Nights Away Kit List

All young people will need to bring their personal equipment and should be encouraged to pack themselves. This list is only a guide.

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| <input type="checkbox"/> Complete uniform | <input type="checkbox"/> Scarf, hat and gloves |
| <input type="checkbox"/> Warm sweaters, jumpers or sweatshirts | <input type="checkbox"/> Sun hat, sun cream and sun glasses |
| <input type="checkbox"/> T-shirts or similar | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Trousers or shorts | <input type="checkbox"/> Foam roll / karrimat |
| <input type="checkbox"/> Spare underclothes (one pair per day) | <input type="checkbox"/> Mug (plates and cutlery will be provided) |
| <input type="checkbox"/> Spare socks (one pair per day) | <input type="checkbox"/> Tea towel |
| <input type="checkbox"/> Nightwear | <input type="checkbox"/> Torch and spare batteries |
| <input type="checkbox"/> Hike boots or strong shoes | <input type="checkbox"/> Personal first aid kit |
| <input type="checkbox"/> Waterproof (coat and trousers) | <input type="checkbox"/> Day sack and plastic drinks bottle |
| <input type="checkbox"/> | <input type="checkbox"/> Polythene bags (for dirty clothes) |
| <input type="checkbox"/> Hankies | <input type="checkbox"/> Teddy! |
| <input type="checkbox"/> Personal washing requirements and towel | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

- It is best to pack a rucksack or sports bag that you can carry on your back. Suitcases are not suitable for tents.
- All items should be clearly labelled with the young person's name.